



IMAF-Nederland
TAKEMUSU AIKI-do

Sandan



Lijst van Wijzigingen

Nr	DATUM MUTATIE	AUTEUR
1	4-10-2024	Rudy Mulderij, rokudan, initiële opzet, weblayout
2		
3		



TAKEMUSU AIKI

3rd Dan Student Qualification Requirements

Qualification Period

Following 2nd Dan a minimum of 200hours over two consecutive years of continuous discipline.

Inconsistent attendance is not accepted.

Short periods of illness should be notified to your instructor.

Intensive Camps

Participation in at least four camps.

Technique Examination

(Demonstration of the following techniques, in the order below)

1	Aiki Jo	31 Jo Kata 13 Jo Kata 31 Jo Awase
2	Aiki Ken	7 Suburi 5 Kunitachi
3	Tai Jutsu + 5 Tanto dori.	15 minutes Demonstration.

Points of Tai Jutsu Demonstration Importance

Perform a choreograph demonstration with an emphasis on a graceful flow between movements.

Aikido Insights

Write a 400 word essay of the your views of the following.

- Why we practice Aiki Jo and Aiki Ken?
- What is Tanden?